



TAPE-INS HAIR CARE TIPS

WASHING TIPS

Do not shampoo for 24 hours.

- Always wash hair with head up or back in a shower, not tilted forward.
- Do not use conditioner on bonds, keep 3" away from scalp.
- Never scrub to dry, always use a towel wrap to absorb water.
- Dry bonds to prevent breakdown.

BRUSHING + HANDLING TIPS

Gently brush extensions 2-3x a day.

- Start brushing in the nape and work your way up.
- Sleep with dry and tied up hair. If hair is fine, sleep with a soft headband.
- Gently run fingers through bonds daily to prevent tangling.
- Hot tools (curling/flat iron, etc.) can be used but keep distance from the bonds.

EXERCISE + SWIMMING

Dry bonds as soon as possible.

- Aerobics, steam baths or saunas may lessen longevity of extensions. Dry ASAP.
- Seawater + pools can cause bond breakdown - after swimming shampoo and blow-dry bonds to prevent breakdown.
- Condition the ends of hair after swimming.

SHEDDING

Some extension loss + shedding is normal.

- Expect to lose 1-4 extensions a month + 50 - 150 hairs a day.
- Small quantity of naturally released hairs will be trapped in attachments over time.
- Daily brushing close to scalp + finger detangling will help avoid matting.

****Make a follow up appointment between 4-6 weeks for touch up or removal services.**